

Creative Exercises for Your Dog

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Jason has over 8 years of experience in the pet health industry and was managing editor of IDEXX's Pet Health Network team.

With seasons changing most of us will be moving away from extreme temperatures. This is a great time to get out and exercise your dog. Here are some creative ways to play!

1. Work out with your dog

Exercising doesn't have to be boring. [This routine](#), presented by Dr. Sophia Yin, can benefit you both.

2. Horse toys, not just for horses!

You're not likely to find horse toys at your average supermarket or pet store, but don't disregard them. Aja's favorite toy once belonged to a much longer animal, watch her play below!

3. Have some fun inside!

Laser pointers aren't just fun for cats, dogs love them too - as you can see in the video below. And have you noticed how excited your dog is to see you? Take a look at the video below and you'll see just how much fun hide and seek can be for both you and your fur baby!

4. Dog parks!

Dog parks are great for dogs who don't have much room to run at home. Watch Harley and Tori exercise at the dog park and give some very important tips to consider before doing so!

5. Agility Training

Agility training is great for dogs! This type of training will allow your dog to indulge his natural instincts.

If you have any questions or concerns, you should always visit or call your veterinarian - they are your best resource to ensure the health and well-being of your pets.