Dr. Phil Zeltzman, DVM, DACVS, CVJ

Dr. Phil Zeltzman is a board-certified veterinary surgeon and author. His traveling practice takes him all over Eastern Pennsylvania and Western New Jersey. You can visit his website at www.br/philzeltzman.com, and follow him at www.facebook.com/DrZeltzman.

Dr. Phil Zeltzman is a traveling, board-certified surgeon in Allentown, PA. His website is www.DrPhilZeltzman.com. He is the co-author of "Walk a Hound, Lose a Pound" (www.amazon.com).

Freddy was a very cute 10-month-old <u>Collie</u>. He was cute, but he looked and acted very different from his littermates. He was reluctant to play and seemed to tire quickly—unlike his siblings who had unlimited amounts of energy. Freddy was a finicky eater with a stunted growth, which means that he was underdeveloped, compared to his littermates.

Freddy's guardian took him to his family <u>veterinarian</u> to try and figure out why he <u>behaved</u> that way. Everything seemed to check out normally during the physical <u>exam</u>, except for a loud heart murmur. An ultrasound of the heart, called an echocardiogram, was recommended. The ultrasound diagnosis was very clear: Freddy had a PDA.

What is PDA in a puppy?

PDA (which stands for Patent Ductus Arteriosus) is an abnormal vessel that connects two large arteries, right next to the heart: the pulmonary artery and the aorta. A PDA is a congenital abnormality, which means that affected dogs, and less commonly cats, are born with it. Some of the blood is directed away from the lungs and is not well oxygenated, causing weakness and low energy.

What causes PDA in a puppy?

This vessel is normal in the fetus and should shut down at birth. Since Mother Nature did not shut Freddy's PDA off, human intervention was necessary. Without surgery, he would end up with heart failure. The surgery entails a thoracotomy, which means opening up the chest cavity. Doing this in less traumatic than it sounds. We go between two ribs, so there is no need to cut bones.

How is PDA treated in a puppy?

The next steps to treat a PDA are:

- Confirm the PDA
- Free it up and delicately place two stitches around it
- These special sutures are tied to shut off the PDA and redirect the blood where it should go

This surgery can be quite risky and stressful for the surgeon. Whereas the two big arteries (the pulmonary artery and the aorta) are tough-vessel-blood-vessels, the PDA is a very fragile structure. The main risk of the surgery is in tearing the PDA, which can cause massive bleeding and possibly death of the patient. PDA

surgery for a puppy

We opened Freddy's chest up. We could see his lungs and his beating heart. I could feel a mixture of awe and tension in the OR. We were able to isolate the PDA. It was very large, and we could feel the characteristic irregular blood flow, called a "thrill," inside the vessel. We placed the two special sutures around it. As the first suture was tied off, the intensity of the PDA decreased and suddenly stopped. We tied the second suture and I whispered: "it worked." Everybody in the OR breathed a sigh of relief.

We closed the chest and placed what is called a chest tube to remove air from the chest cavity. Freddy recovered uneventfully from <u>anesthesia</u>. The next day, the chest tube was removed and Freddy went home. Although open chest surgery is clearly invasive, we now have enough pain <u>medications</u> available to make patients like Freddy very comfortable.

Recovering from a PDA

Freddy went home on pain medications and antibiotics, with instructions to keep him very quiet for four weeks. He also had to wear a plastic cone (Elizabethan collar) to prevent him from licking or chewing at the skin staples.

Four months after surgery, I called Freddy's guardian to see how things were going. She reported that he was great and had a good appetite. He was essentially back to normal. Surgery was a complete success.

To be fair, there is a less invasive way to treat PDA. It typically requires finding a knowledgeable cardiologist







who has access to advanced technology and knowledge. When this is not possible, then open chest surgery is a perfectly acceptable solution.

I've always had a personal fondness for PDA surgery. They always occur in puppies and typically involve loving and motivated guardians. It's a wonderful feeling to literally feel a life-threatening abnormality under your fingers, and instantly make it vanish.

Question to ask your veterinarian

- Why is my puppy behaving differently from his sibling?
- Why is my puppy's appetite decreased?
- If a PDA has been diagnosed, who is the best person to fix it?

If you have any questions or concerns, you should always visit or call your veterinarian -- they are your best resource to ensure the health and well-being of your pets.





